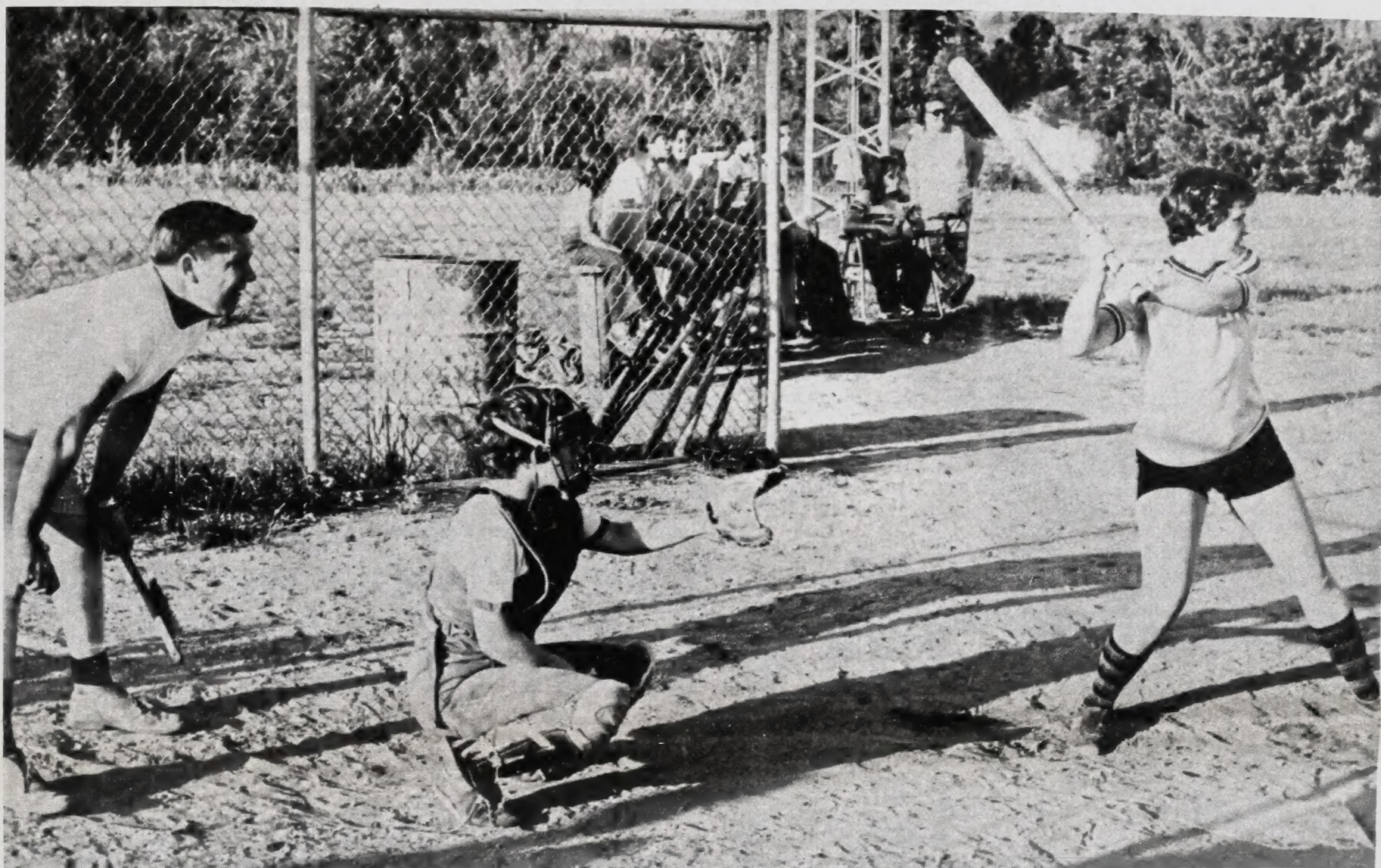


PROGRESS SPORTS

with
CLIFF BURKE

IGA Ladies edge Carnarvon 26-23

Toos Reid belts 3 homers in losing cause



In a recent game played at the Minden Ball Park, Lori Northey at bat, of the Minden IGA Ladies, drew four walks off Carnarvon Ladies pitching and scored three times.

Darlene Barnhart is the Carnarvon catcher, while Wayne Cully handles the umpiring duties. Game was won by

Minden, 26-23, when a late inning Carnarvon really fell short.

photo by cliff burke

It was a hitters night on Tuesday evening at the Minden Ball Park, when the Minden IGA Ladies out-slugged a very determined Carnarvon nine, to win 26-23.

Led by the mighty bat of Toos Reid of Carnarvon, who smashed three home runs, a three run shot in the first inning, as Carnarvon jumped into a 11-0 lead, and then solo shots in the fifth and seventh.

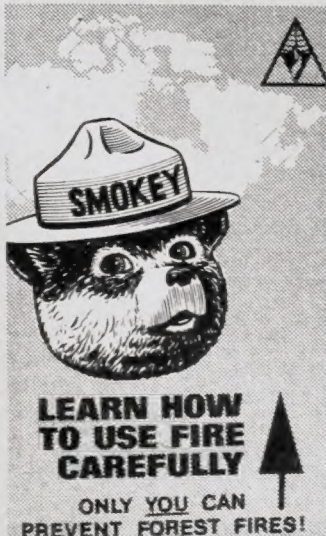
Darlene Danilko also had an exceptionally good evening, cracking two two-run round-trippers and went five for five at the plate accounting for eight of the IGA's 26 runs. Another powerful hitter for the Minden gals was Nelda Cully who also reached base every time she batted, smashing two triples, two doubles and two singles, knocking in six runs.

The winning pitcher for Minden was Danel Danilko who went all the way, despite a very shaky start in which she yielded eleven runs to Carnarvon. However, she settled down after that, giving up two in the second, none in the third and fourth, two in the fifth, and four in each of the sixth and seventh. Marg Darby suffered the loss for Carnarvon in relief of Toos Reid. Toos pitched three innings and gave up three in the first, fourteen

in the second and four in the third before Maggie came in in the top of the fourth. She then gave up two in the fourth and, three in the fifth and none in the sixth.

The win kept Minden on top of the league with 16 points followed by Gooderham with 10 Haliburton and Carnarvon with four apiece and West Guilford six.

In other games played to date, West Guilford downed Carnarvon 19-14 in Guilford on Monday in a rainout game while Haliburton was downing Gooderham 14-12 in Haliburton. In the Haliburton-Gooderham contest, Bev Hugby smashed a grand slam homer for Haliburton to lead her team to victory.



Merchants win, lose, in Caygeon tourney

Last weekend was the annual Bobcaygeon Senior Softball Tournament and the Minden Merchants opened play on Saturday afternoon, tangling with the host team. The Comets from Caygeon jumped into a 3-0 lead in the first inning but from that point on the Merchants took over to win 4-3 in the fifth inning on Paul Sisson's triple with two out and scored on an overthrow.

The Merchants started their comeback in the third inning when Jack Snell singled, Barry Shaw walked and Ron Reid singled Jack home to cut the margin to 3-1. In the fourth, Dave Dollo singled, then was caught trying to steal second. Larry Kent then drew a walk and Craig Stamp doubled him home. Jack Snell then singled to right scoring Craig then and the game was tied at 3 apiece, leading to Paul Sisson's heroics in the fifth. Jack Snell was the winning pitcher with John Kimble the loser.

The Merchants met their match in their second game

on Sunday when they tangled with an All-Star team from Fenelon Falls. This was the first time in four years that a Fenelon team had beaten a Minden team in a ball tournament. The final score being 5-0.

This fine Fenelon nine went on to win the Championship Game and from all reports, if they keep this team together, will likely take many more tournaments before the season is over.

The Merchants were never in this contest, they could only muster three hits over the seven innings, all singles by Royce Miller, Brian Shaw and Paul Sisson. Jack Snell took the loss for Minden, while Jim Humphries gained the shut-out for Fenelon.

You know when someone tells you to take a walk?
Maybe they've got the right idea.

Participation
Walk a block today.

S.F. Stinson Memorial Canoe race July 27th

Once again this year canoeist enthusiasts will be competing in the S.F. Stinson Memorial Canoe Race on the Gull River. This year's race will be held on July 27th commencing at 6:30 p.m.

The course once again will have its start at Rotary Park and finish at the Sunnybrook Bridge in Minden.

Canoes must be 16 feet long, canvas covered or fibre glass. Racing shell type canoes will not be allowed. Entries from summer camps

will be limited to 2 per camp. The race is a downstream course in which practice can give the competitor great advantage if he can learn to utilize the currents in the river. The race is similar to that held in Pioneer days and commemorates the memory of S.F. Stinson who owned and operated the saw mill and grist mill where the Orillia Power Dam is now located.

This year there will be a separate start for previous winners.

31st annual Truck Roadeo

The call is out for entries for the 31st annual Ontario Truck Roadeo Championships, to be held August 20th at the Bramalea City Centre, Bramalea.

Any truck or transport driver domiciled in Ontario who has been accident free for at least a year may qualify.

There are three divisions of competition--two axle truck and four and five axle tractor-trailer combinations. Winners will collect \$3,000

in cash awards and trophies. They will be eligible to participate in the Canadian Truck Roadeo Championships to be held in Calgary in September.

The Ontario Truck Roadeo Championships are co-ordinated by the Etobicoke Centre Jaycees.

Entry forms for anyone interested in the Haliburton County area, and other information available from P.O. Box 1, Etobicoke, Ont., or phone (416) 965-8911.

PROGRESS SPORTS

with Cliff Burke

**1000 LAKES BOWLERS ASSOCIATION 2ND
IN 1977 INCENTIVE AWARDS PROGRAM**

After just two years of existence, the 1000 Lakes Bowlers Association has gone from eighth place the first year, to second in 1977 in the yearly Ontario Bowlers Congress Incentive Awards program.

With the 1000 Lakes winning three of the nine available awards, Cliff Burke, records scores chairman, Bill Phillips, awards chairman and Joan Deyell, publicity chairman, this year, and four other chairman finishing in the top ten, these performances went along way in making the second place finish possible.

Ev Stata and Ross Wilson finished sixth overall in Secretary and Treasurer awards, Ron Robinson Sr., seventh is tournament director, Shirley Wilson, eleventh as lottery chairman, Bill Phillips, ninth as membership chairman and Doug Beauchamp, eighteenth as certification agent. These placing are out of 24 associations.

Following is a complete list of how the Associations in the Ontario Bowlers Congress for the 1976-77 season finished.

WINDSOR	DON GUINDON	1158
1000 Lakes	Wes Stata	992
Conestoga	Jim Taylor	940
Hamilton	Henry Pachulec	938
York Simcoe	Jack Hill	929
Ontario Durham	Dave Peebles	903
York West	Fred Pechaluk	888
Mid Elgin	Betty Vance	853
Tri County	Mike Waterhouse	791
Huron	Tom Cowan	776
Scarborough	Ted Bundy	701
Central Ontario	Red McQuaker	603
Toronto	Jack Walsh	530
St. Clair	Jim Storey	500
London	Ed Ramsey	482
Bay of Quinte	Wally Knapp	440
Blue Waters	Rae Blair	420
Niagara Peninsula	Betty Clarke	405
Sault Ste. Marie	Bert Pritchard	306
Guelph	John Wilson	304
Gateway of the North	Bob Lavelle	250
Georgian Bay	Norman Bartley	212

Secretaries

JOYCE THORNTON, Conestoga	189
Audrey Naylor, Windsor	183
Evelyn Wood, Hamilton	173
Lorraine Peeble, Ontario Durham	157
Betty Wolfreys, York Simcoe	148
Evelyn Stata, 1000 Lakes	133
Lorrie Millsap, Nickel District	126
Marie Foster, York West	126
Pat Parsley, Tri County	123
Yvonne Grimes, Mid Elgin	120
Pat Jepson, Central Ontario	119
Pat Bundy, Scarborough	109
Edna Davis, Guelph	108
Shirley Kendall, London	82
Marg Morrissey, Niagara	75
Lorraine Bartley, Georgian Bay	71
Vera Pritchard, S.S. Marie	71
Doris Luke, Toronto	71
Marg Cowan, Huronia	70
Karen Lavelle, Gateway	69
Ruth Burgoyne, St. Clair	69
Sylvia Currie, Bay of Quinte	60
Shirley Storey, Blue Water	60

Treasurers

TODY MORGAN, Windsor	270
Evelyn Wood, Hamilton	265
Joyce Thornton, Conestoga	260
Sue Wise, York Simcoe	260
Peter DeVriendt, Tri County	240
Ross Wilson, 1000 Lakes	230
Lorraine Murphy, Ont. Durham	230
Wally Kosowan, Huronia	220
Woody Miller, Mid Elgin	210
Doreen McLean, Scarboro	200
Walter Allen, York West	200
Marj Moore, Blue Water	170
Evelyn Leach, S. S. Marie	140
Ruth Burgoyne, St. Clair	90
Grace Clark, Toronto	70
Pat Jepson, Central Ont.	50
Edna Davis, Guelph	40
Vianney Beauchamp, Ottawa	40
Karen Lavelle, Gateway	30
Sylvia Poadry, London	30
Bea Hunt, Bay of Quinte	10
Gerry Chymko, Niagara	10

Record scores

CLIFF BURKE, 1000 Lakes	85
Lois Smith, York Simcoe	65
Betty Connolly, York West	60
Joan Duncan, London	60
Rick Bellhouse, Tri County	45
Mary White, Mid Elgin	35
Grace Little, Central Ont.	35
Marion Hughes, Huronia	35
Tony Scavuzzo, Scarborough	35
Fred Hurcom, Toronto	35
Dave Cattanaach, Conestoga	25
Martin Wilkie, Hamilton	25
Tom Young, St. Clair	25

Jim Nicholls, Bay of Quinte	40
Howie Baker, Blue Water	30
Gil Lutes, Central Ont.	30
Pete Brownlie, London	30
Vern Johnston, Georgian Bay	20
Norton Sims, Guelph	20
Wayne Webb, Hamilton	20
Tom Locke, Huronia	20
Vianney Beauchamp, Ottawa	20
Bert Pritchard, S. S. Marie	20
Frank Sharp, St. Clair	10

Awards

BILL PHILLIPS, 1000 Lakes	135
Gord Ellwood, Windsor	125
Madeline James, Bay of Quinte	125
Bonnie Olynk, Huronia	120
Jane Groshok, Mid Elgin	120
Joan Stauffer, Ont. Durham	120
Olive Yeoman, York West	105
Karen Gumbert, Hamilton	100
Ray Dhaen, St. Clair	100
Bill Mayhew, Scarborough	100
Marg Cass, Guelph	95
Tony Gambicourt, Tri County	90

See INCENTIVE Pg. S8

Tournament Directors

MIKE KYTE, York Simcoe	135
Wim Schoep, Ontario Durham	130
Bill Bathie, Toronto	110
Doreen McLean, Scarborough	105
Jim Oldridge, Windsor	105
Larry Zmija, Conestoga	85
Ron Robinson, 1000 Lakes	75
Dot Britton, Niagara	70
Bob Grimes, Mid Elgin	50
Jim Peycha, Tri County	50
Fred Pechaluk, York West	50

**Legion
downs
Merchants**

The Haliburton Legion ended the Minden Merchants' modest two game winning streak on Tuesday evening in Haliburton with a close, tough 3-2 decision. This is the third time in the Merchants' total of four defeats that they have lost by one run in the late innings.

Craig Stamp was the winning pitcher in this contest, giving up just five hits, four walks and hit one batter. Jack Snell took the loss for the Merchants, his fourth without a victory.

Minden got on the scoreboard first in this game when the Merchants hit three consecutive singles in the first inning. John Welch started things off, Kirk Hewitt then singled and Jack Snell then knocked in John with a hard shot to right.

The Legionnaires tied the game in the second and went ahead 2-1 in the third. Minden tied the game in the eighth inning only to have the Haliburton gang score the winner in the bottom of the inning.

Haliburton now has a record of 3 wins and 6 losses while Minden is fourth in the standings with two wins and 4 losses.

**Operation
Lifestyle**

Did you know that 12 million people in Canada consume alcohol? Many people drink with moderation and keep their health, but 720,000 drink in excess.

Colgate Grand Prix point standings

TORONTO - With 27 of the 80 tennis tournaments in the Colgate Grand Prix complete, 25-year-old Brian Gottfried of the U.S. has a 143-point lead over Argentinian Guillermo Vilas in the singles standings.

In Colgate Grand Prix doubles standings, South Africa's Bob Hewitt has a firm grip on first place with 217 points, followed by compatriot Frew McMillan at 142, and Gottfried at 122.

Top singles finisher in the Colgate Grand Prix point standings at year's end receives a record \$300,000 from the \$1.4 million bonus pool, which will be divided among the top 35 singles and top 20 doubles players, based on order of finish.

The eight leading singles players and four best doubles teams qualify for the \$400,000 Colgate Masters, championships of the Colgate Grand Prix, January 4 - 8, at Madison Square Garden, New York. First prize of \$100,000 goes to the singles champion.

Point standings after 27 events in the Colgate Grand Prix are as follows:

SINGLES	COLGATE POINTS	DOUBLES	COLGATE POINTS
1) Brian Gottfried (U.S.)	1047	1) Bob Hewitt (S.A.)	217
2) Guillermo Vilas (Arg.)	904	2) Frew McMillan (S.A.)	142
3) Bjorn Borg (Swe.)	500	3) Brian Gottfried (U.S.)	122
4) Roscoe Tanner (U.S.)	423	4) Stan Smith (U.S.)	114
5) Stan Smith (U.S.)	333	5) Raul Ramirez (Mex.)	111
6) Raul Ramirez (Mex.)	312	6) Erik Van Dillen (U.S.)	105
7) Phil Dent (Aus.)	303	7) Sherwood Stewart (U.S.)	97
8) Buster Mottram (G.B.)	270	8) Bob Lutz (U.S.)	96
9) Sandy Mayer (U.S.)	197	9) Charlie Pasarell (U.S.)	95
10) Colin Dibley (Aus.)	184	10) Kim Warwick (Aus.)	84
11) Bob Lutz (U.S.)	182	11) Colin Dibley (Aus.)	83
12) Jeff Borowiak (U.S.)	174	12) Freddie McNaughton (U.S.)	82
13) Jose Higuera (Spain)	270	13) Phil Dent (Aus.)	66
14) Harold Solomon (U.S.)	162	T14) Syd Ball (Aus.)	61
15) Jaime Fillol (Chile)	152	T14) Jan Kodes (CZ)	61
T16) Peter Fleming (U.S.)	150	T14) Geoff Masters (Aus.)	61
T16) Vitas Gerulaitis (U.S.)	150	17) Roscoe Tanner (U.S.)	54
18) Paolo Bertolucci (It.)	147	T18) Wojtek Fibak (Pol.)	53
19) Tom Gullikson (U.S.)	144	T18) Karl Meiler (Ger.)	53
20) John Alexander (Aus.)	142	20) Marty Reissen (U.S.)	52
21) Tom Gorman (U.S.)	141		
11) Antonino Zugarelli (It.)	134		
T23) Wojtek Fibak (Pol.)	125		
T23) Bob Hewitt (S.A.)	125		
25) Zeljko Franulovic (Yugo)	123		
T26) Mark Cox (G.B.)	120		
T26) Dick Stockton (U.S.)	120		
28) Marty Reissen (U.S.)	119		
T29) Victor Amaya (U.S.)	115		
T29) Ken Rosewall (Aus.)	115		
31) Tim Gullikson (U.S.)	111		
32) Karl Meiler (Ger.)	109		
T33) Tony Roche (Aus.)	108		
T33) Balazs Taroczy (Hun.)	108		
35) Ross Case (Aus.)	107		

TENNIS TIPS:

As you await serve, bounce on the balls of your feet so that you are in motion and ready to turn your upper body as soon as you know the direction in which the ball is travelling.

Keep your eye on the ball from the moment it leaves the server's hand and watch closely to see whether the racquet hits the ball flat or at an angle. Hit at an angle, the ball will be sliced and you'll need to edge sideways.

Choose cabinets that meet CSA standards

A recent survey shows that more money goes into kitchen remodelling than any other home improvement project. That indicates Canadian homemakers place more importance on the kitchen than any other room. However, turning your dream kitchen into reality is not always easy. There's many a pitfall along the way for the unwary.

While appliances are important, good-looking cabinets that offer efficient storage and counter space are really the heart of a well-planned kitchen. They set the decor and they create working convenience. What would the room be without them? Whether you're remodelling an old kitchen or moving into a new home, it's essential to choose cabinets that will stand up to the hard day-in-day-out use they're sure to get.

Do the doors close properly...are the hinges strong enough...will the finish stand up to spills of a hundred and one varieties? Those are just some of the questions you'll run into.

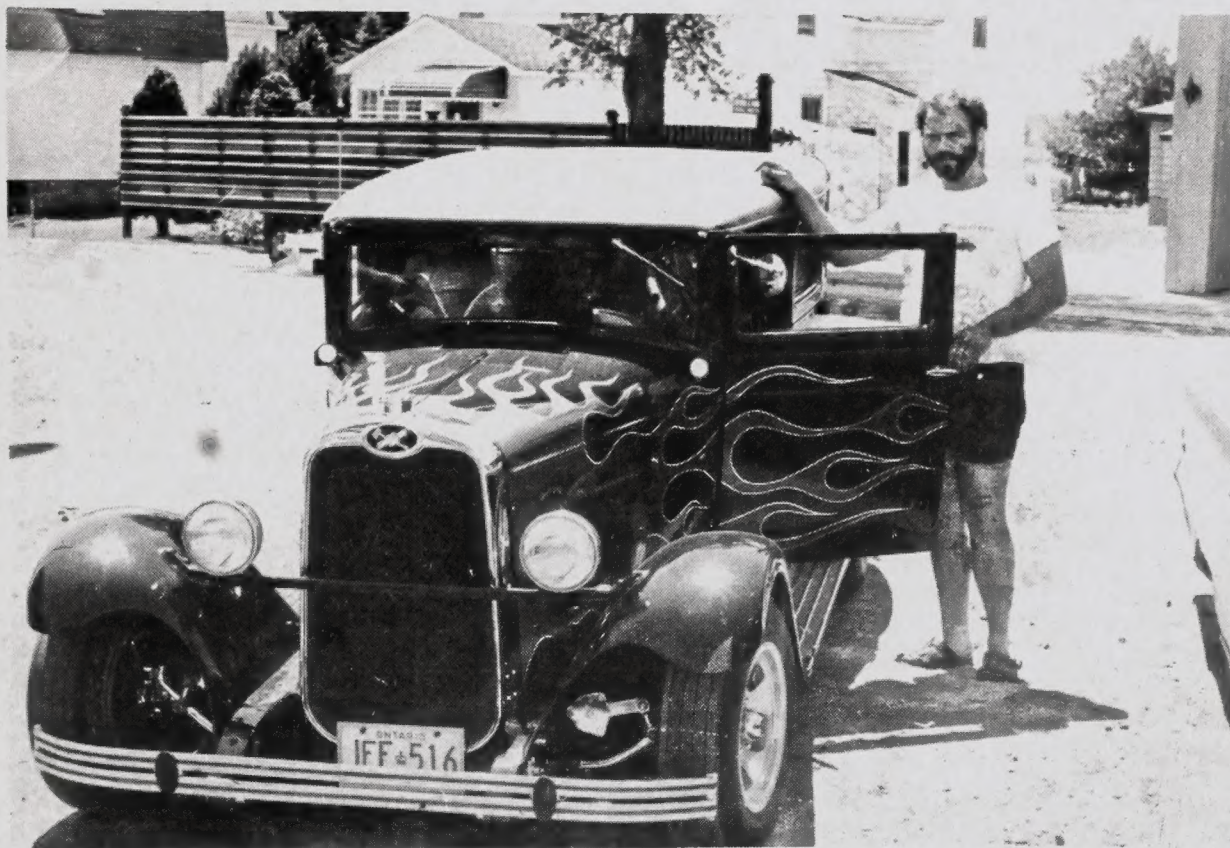
Luckily, there's one sure way to protect yourself against problems. The Canadian Standards Association has developed a set of nationally recognized standards for kitchen cabinets and bathroom varieties. Known as the CSA Standard A278, it establishes levels of satisfactory performance

covering materials, construction, installation and tests. Members of the Canadian Kitchen Cabinet Association - made up of the major manufacturers across Canada - pledge to observe the standards and submit their products to the entire series of rigid CSA tests.

Known as the CKCA, the association worked with the CSA and consumer groups to develop the tests. These set detailed standards for appearance, fittings, quality of material and construction, resistance to impact, alignment and operation of shelves and doors, correct installation and many other areas.

A further protection is offered the consumer in that all CKCA members are responsible companies manufacturing their products in established factories to pre-planned designs and specifications. None are made on site in temporary workshops or in someone's basement. The consumer gets the full protection of the association when buying from a member company, according to CKCA

Jack McCracken of Ottawa. A list of members or other information is available from the Canadian Kitchen Cabinet Association, 27 Goulburn, Ottawa K1N 8C7. 'We're here to help the consumer obtain satisfaction and assurance,' Mr. McCracken said.



This vintage 1928 four-door Chevrolet stopped traffic and passers by when it hit Main street Minden this week. It is valued at \$15,000 today - much, much more

than it sold for when it first hit the streets some 50 years ago. Owned by Terry Edwards of Toronto, this relic now sports a

Firebird engine and transmission, disc brakes, power windows, custom leather upholstery and one inch solid oak running boards. Terry,

who did all the restoration himself, estimates it has cost him some \$8,000 to refurbish his car, plus 6 1/2 years of painstaking work.

Feeling tired?
Rundown?
Take a walk.



PROGRESS SPORTS

with Cliff Burke

'The Highlands Squash club'

We are fortunate to live here-in an area of natural beauty with clean air and water. These are the features that attract so many thousands here for their recreation. But more and more often our area is assessed by potential visitors and residents according to our facilities especially those emphasizing recreational sporting activities.

The game of squash is now the fastest growing racket sport in North America. In Australia (traditionally a tennis country) squash has overtaken tennis as the most popular racket sport. It has become the game of the 1970's. In Toronto alone during the last four years the number of players has increased from 3,000 to 40,000! Squash as a game, combines the intensity of hockey with the skill of fencing and the strategy of chess. It never rains in a squash court and you don't have to climb any fences to get your ball. And yet above all it is a 'game' and can be played for lots of enjoyment, at any age and at any time of the year.

We in the Haliburton Highlands are fortunate to be given the opportunity-with the help of generous Wintario funding-to have our own squash club, facility. The organized and committed newly formed Highland Squash Club

members are determined that this facility will be built as part of the Haliburton Curling Club complex. But to ensure the success of this venture we must get involved and where possible join the Squash Club early (or make a contribution) to raise the initial working capital to build the courts. If we don't support this now I sincerely doubt if the opportunity will arise again to have such a beautiful facility for the lowest possible cost, to enjoy the cadillac of all racket sports in our area.

The basic facility will include two single Squash Courts, shower, washroom, locker facilities, and a viewing/lounge area-additional facilities such as sauna etc. could be added at a future date.

To join the Squash Club the fee structure decided upon by the founding members, who drew on advice from many people and areas involved in Squash, will be-An Initiation fee (paid once only) of \$100 for the first 30 members joining, (after this number have joined this fee will be increased to a minimum of \$150) In addition, Annual dues of \$100 will be collected when the courts are completed, other family members in the same household who wish to play will pay annual dues of 1st at \$50, 2nd, 3rd, etc.

\$25 up to a Family maximum of \$200. Various options will be available for Life Membership for a limited number of people and details regarding this or any other matter can be obtained by phoning one of the numbers listed later. Public playing times will also be available for non-members at approximately \$8 per 40 minute time period. But to raise the money now to start the project it is committed members that are needed. It should be realized that the membership rates are extremely low for a facility of this kind - to give an example of the costs of playing in Toronto vary from approximately \$350 to \$1500 annually!

It is estimated that this facility will be open towards the end of this year. But the Squash Club Executive urge interested potential members to send in their Initiation Fee cheque immediately to be able to qualify for the \$100 rate. This Squash Court facility will be the only one of its kind within many miles of Haliburton -its membership is open to anyone from this area or outside.

Mail cheques or correspondence to the Highlands Squash Club, Box 594, Haliburton Ontario. For further information contact: President: Tel. 457-2345 John Postlethwaite

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Weekend Viewing

SATURDAY, JULY 9		
12:00	3	ROLLER DERBY
	12	WILD KINGDOM
	22	PLEMPTON! AT THE WHEEL
12:30	11	SATURDAY THEATRE
	12	GARNER TED ARM-STRONG
1:00	3	WRESTLING
	12	RED FISHER
	22	MEN OF THE SEA
1:30	12	GREENING UP
2:00	3,12	SOCCER
	11	SUMMER SPORTS
	22	GOSPEL SINGING TIME
2:30	22	WHAT NOW, CANADA?
3:00	11	SPORTS
	22	WRESTLING
4:00	3	SHOW BIZ
	12	NEWS
	22	CIRCLE SQUARE
4:30	3,11,12	GOLF
	22	PINK PANTHER
5:00	22	ROCKET ROBIN HOOD
5:30	22	WAIT TILL YOUR FA-THER
6:00	11	SCAN
	22	NEWSWEEK
6:30	3	M-THAT CERTAIN SUMMER
	11	BOWLING FOR DOL-LARS
	12	MUPPETS
7:00	11	EMERGENCY
	12	IT TAKES A THIEF
	22	DESIGN EXPLOSION
7:30	22	ONTARIO SWEEPS
8:00	3,12	HAPPY DAYS
	11	ACADEMY PERFOR-MANCE
	22	NUMBER TO CALL
8:30	3,12	M-GUYS AND DOLLS
9:30	22	MIXED DOUBLES
10:00	11	STAR LOST
	22	CODE 78-10
10:30	22	SECOND CITY
11:00	3,11,12	NEWS
	22	MARY HARTMAN
11:15	3	LATE EDITION
	12	NIGHT FINAL
11:20	11	LOCAL NEWS
12:00	3,12	MOVIE
	11	LATE DATE
SUNDAY, JULY 10		
1:00	3,12	MUSIC TO SEE
	11	SUNDAY THEATRE
1:30	3	COUNTRY CANADA
	12	SUMMER COUNTRY CANADA
2:00	3,12	V.I.P.
	22	THE CHURCH
2:30	3,12	SPORTS
	22	PEOPLE'S CHURCH
3:00	11	LAST OF THE WILD
3:30	11	QUESTION PERIOD
	22	AGAPE
4:00	3,12	ACCESS
	11	GOLF
	22	IN PRIVATE LIFE
4:30	3,12	TO THE WILD COUN-TRY
	22	MONEY TALKS
5:00	22	BUGS BUNNY
5:30	3	OCEAN'S ALIVE
	12	NEWS
6:00	3,12	DISNEY
	11	SCAN
	22	NEWSWEEK
6:30	11	KRESKIN
7:00	3,12	BEACHCOMBERS
	11	SIX MILLION \$ MAN
	22	GONG SHOW
7:30	3,12	THREE'S COMPANY
	22	SCIENCE INT'L
8:00	3,12	SUPER SPECIAL
	11	SONNY & CHER
	22	MONEY TALKS
8:30	22	IN PRIVATE LIFE
9:00	3,12	DUCHESS OF DUKE ST.
	11	SWITCH
	22	BAA BAA BLACK SHEEP
10:00	3,12	HIS WORSHIP MR. MONTREAL
	11	HUMAN JOURNEY
	22	M-IN THE NAME OF THE SON
11:00	3,11,12	NEWS
11:15	3	LATE EDITION
	12	NIGHT FINAL

Agriculture at your fingertips



You may not be a farmer but you can still harvest your own crop at more than 200 pick-your-own farms throughout Ontario. Pick-your-own operations offer a wide variety of tree-ripened and farm-fresh products ranging from apples to zucchinis. A list of Ontario pick-your-own operations is available at local offices of the Ontario Ministry of Agriculture and Food and the Ontario Food Council, Parliament Buildings, Toronto. (photo by the Ontario Ministry of Agriculture and Food)

MONDAY - FRIDAY

7:00	11	CANADA A.M.
8:00	3	ED ALLEN
8:30	3	DAYBEAT
9:00	11	ROMPER ROOM
9:30	3	ENJOY BEING BEAUTI-FUL
	11	YOGA
	12	ED ALLEN
10:00	3	FRIENDLY GIANT
	11	FIRST IMPRESSIONS
	12	MON AMI
	22	100 HUNTLEY STREET
10:15	3	MON AMI
	12	FRIENDLY GIANT
10:30	3,12	MR. DRESS UP
	11	BETTY & FRIENDS
11:00	3	DOUBLE EXPOSURE
	11	JOHNNIE WALTERS
	12	SESAME STREET
11:30	3	PARTY GAME
	22	ED ALLEN TIME
11:45	11	TAKE KERR
11:50	11	JOHNNIE WALTERS
11:55	11	AGRI-NEWS
12:00	3	LEAVE IT TO BEAVER
	11	BIG AL & THE FLINT-STONES
	12	NOONDAY REPORT
	22	THE NEWS AT NOON
12:20	12	FARM NEWS
12:30	3	NEWS/FARM REPORT
	11	PRICE IS RIGHT
	12	PARTY GAME
12:45	3	MOVIE
1:00	11	MATCH GAME
	12	MARCUS WELBY
	22	CANADIAN CAVALCADE
1:30	11	DEFINITION
	22	FIVE FOR THE MONEY
2:00	11	AL HAMEL SHOW
	11	ALL IN THE FAMILY
	22	OPPOSITE SEXES
2:25	3	NEWS
2:30	3,12	EDGE OF NIGHT
	22	GUIDING LIGHT
3:00	3,12	TAKE THIRTY
	11	ANOTHER WORLD
	22	BONNIE PRUDDEN
3:30	3,12	CELEBRITY COOKS
	22	MONEY TALKS
4:00	3	MOIRA HUNT
	11	BEWITCHED
	12	AFTERNOON SHOW
	22	LITTLE RASCALS
4:30	3,12	JUST FOR FUN
	11	HAZEL
	22	JOKERS WILD
5:00	3	LUCY SHOW
	11	STAR TREK
	12	I LOVE LUCY
	22	DORIS DAY SHOW
5:30	3	EARLY EDITION
	12	ROOM 222
	22	ADAM 12

Evening Viewing Monday to Friday

MONDAY, JULY 11		
6:00	3	M-It Started In Naples
	11	Scan
	12	Evening Report
	22	Global News
6:30	12	Baretta
	11	Don't Eat The Daisies
	22	Gong Show
7:00	11	Shields & Yarnell
	22	Beverly Hillbillies
7:30	12	George Hamilton
	22	I Love Lucy
	11	Headline Hunters
8:00	11	The Waltons
	3,12	Rhoda
	22	Alice
8:30	3,12	Phylis
	22	Odd Couple
9:00	11	Pig & Whistle
	3	The Editors
	12	Beyond Reason
	22	Maude
9:30	11	Sanford & Son
	3	A;;
	3	All in The Family
	22	All's Fair
10:00	11	Delvecchio
	3,12	News Magazine
	22	News
10:30	3,12	V.I.P.
11:00	3,11,12	News
	22	Mary Hartman
11:20	3	Late Edition
	11	Local News
	12	Night Final
11:30	22	Opposite Sexes
12:00	3,12,22	Movie
	11	Mike Douglas
TUESDAY, JULY 12		
6:00	3	M-Finian's Rainbow
	12	Evening Report
	22	Global News
	11	Scan
6:30	11	Don't Eat The Daisies
	12	Charles Angels
	22	Gong Show
7:00	22	Beverly Hillbillies
	11	Bobby Vinton
7:30	12	Ocean's Alive
	11	Bionic Woman
	22	I Love Lucy
WEDNESDAY, JULY 13		
6:00	3	M-Man On A String
	12	Evening Report
	22	Global News
	11	Scan
6:30	12	Lawrence Welk
	22	Gong Show
	11	Don't Eat The Daisies
7:00	22	Beverly Hillbillies
	11	Tennis
7:30	3	Reach For The Top
	12	Baseball
	22	I Love Lucy
8:00	11	Chico & The Man
	3	Worlds Together
	22	Laurel & Hardy
8:30	3	Baseball
9:30	22	Monty Python
10:00	22	Global News
11:00	11,12	News
	22	Mary Hartman
11:20	12	Late Edition
11:30	22	Opposite Sexes
	3	News
12:00	3,11,22	Movie
	11	Mike Douglas
THURSDAY, JULY 14		
6:00	3	M-To Catch A Thief
	12	Evening Report
	11	Scan
	22	Global News
FRIDAY, JULY 15		
6:00	3	M- Heller in Pink Tights
	11	Scan
	12	Evening Report
	22	Global News
6:30	11	Don't Eat the Daisies
	12	Hee Haw
	22	Gong Show
7:00	22	Beverly Hillbillies
7:30	11	Stars On Ice
	12	Bob Newhart
	22	I Love Lucy
8:00	3,12	Mary Tyler Moore
	11	Donny & Marie
	22	Going Places
8:30	3,12	Chico & The Man
	22	Here Comes The Future
9:00	3,12	Canadian Express
	11	Rockford Files
	22	\$128,000 Question

Let's go Boating



Finding A Launching Spot

With an increasing demand for marine and yacht club facilities in some parts of Canada, many boaters are finding it easier to trailer their craft to less crowded areas for launching.

Lightweight and strong boat trailers now available have made this mobility easy and economical. Trailer boating has also made it possible for many more people to enjoy the pleasures of power boating or sailing without the problems of securing a permanent mooring spot.

As an advantage, trailer boating broadens the horizon for the skipper. Now, even those living miles away from lakes and streams can reach boating water easily with their craft in tow behind the family car or mobile camper.

Trailers are available for almost any type of craft up to 25 feet long. Outboards, inboard/outboards, sailboats and even small houseboats can be used almost anywhere, easily loaded and unloaded wherever the captain cares to go.

Trailer boating requires some guidelines, and the Allied Boating Association of Canada offers these tips:

• Be sure your trailer is able to

handle the weight of your boat, motor, and whatever gear you may store in the boat. Stay within the maximum capacity specified by the manufacturer.

• Check the laws governing the use of small boat trailers in your province and other provinces you plan to travel through.

• Be sure your trailer is equipped with proper lights and reflectors.

• Practice turning and backing up with your trailer attached to your car before driving in heavy traffic. Avoid sudden braking when towing the rig.

• Balance your boat properly on the trailer, placing most of the weight over the wheels with a slight off-balance toward the car. About 10 per cent of the total weight should be on the trailer hitch. A weaving trailer indicates improper balance.

• Check tire pressures against the manufacturer's recommendations before starting out. In general, trailer tires need more pressure than car tires.

• When backing the trailer into the water, have someone to guide you and tell you when to stop. Make sure the drain plug is in your boat and closed.

• Use a designated launching ramp, avoiding muddy or sandy areas.

Follow these rules for a safe, pleasant trailer boating season.

100,000 more speeders convicted in 1976

At least 100,000 Ontario motorists appeared to disagree with Ontario's lowered speed limit on provincial highways. That was the increase last year in the number of persons convicted of speeding in Ontario.

'It's quite obvious to me that far too many drivers are simply ignoring the rules of the road,' commented Ministry of Transportation and Communications Minister James Snow.

According to figures released by M.T.C. last week over three-quarters of a million speeders were convicted in 1976, a 14 per cent increase over 1975, when Ontario reduced maximum speed limits by some 10 miles per hour on provincial highways, a move designed to conserve energy and reduce the number of road deaths and injuries.

Of the total 809,039 convictions last year, some 6,587 drivers were exceeding the speed limit by 30 or more miles an hour.

Convictions for failing to observe 'stop' signs - a major contributor to accidents - were also up last year. Some 58,377 drivers were caught running stop signs, a slight 560 increase over 1975.

An additional 46,555 motorists were convicted of running red lights, a whopping 10 per cent increase over the 1975 total of 41,905.

'I can only suggest that driver preoccupation is the reason why so many drivers fail to obey stop signs and red traffic lights,' said Snow.

And 3,123 drivers were found guilty of failing to stop for a standing school bus while its lights were flashing.

'This set of statistics bothers me,' Snow said. 'I can only hope that their better judgement will pre-

vail; that they will stop briefly in the interests of child safety.'

Fall dates for O.P.P. Golden Helmets

The Ontario Provincial Police motorcycle precision riding team, the Golden Helmets, will begin its exhibition schedule immediately after Labour Day, O.P.P. Commissioner Harold Graham announced last week. The Golden Helmets, organized in 1963, consists of 18 members, including their own commentator, who are specially trained, experienced motorcycle officers from various detachments in Southern Ontario.

They have demonstrated their intricate manoeuvres at numerous fairs and exhibitions across the province including parades such as Grey Cup, C.N.E. and the Niagara Grape and Wine festival.

Just two of their performances include the Orillia Agricultural Fall Fair on September 10 and the Lakefield Fall Fair on September 17 and 18th.

The motorcycles used in this precision ride are powerful 1200 c.c. Harley-Davidson Police Specials that weigh some 950 pounds. They are equipped with 2 -

way radios, sirens, flashing and revolving red lights and first aid kits.

Chief Inspector Fred Blucher points out that the motorcycles play an important role on Ontario's highways, citing mobility as their greatest asset particularly bringing first aid assistance through lines of waiting traffic to the scene of an accident. The participating riders come from London, Watford, Strathroy, Burlington, Cayuga, St. Catharines, Downsview, Oak Ridge, Port Credit, Guelph and Kitchener while the commentator is Provincial Constable J.D.V. Wright of Peterborough.

Weed harvesting program continues in Peterborough area lakes

Mechanical harvesting for aquatic vegetation in Chemung and Buckhorn Lakes, north of Peterborough, will be continuing this summer, Environment Minister George Kerr announced today. 'Weed harvesting in these two lakes is providing access channels to populated shorelines and improving fishing and general recreational use of the lakes,' said Mr. Kerr. 'The program could be extended to Lake Scugog depending on public interest and equipment availability.'

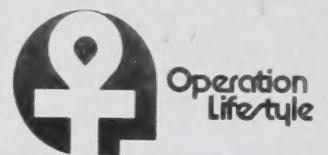
The total cost of the weed harvesting operation, which will encompass about 1,000 acres, will be paid by Environment Ontario and Environment Canada.

Immediate shoreline areas congested with weeds will be the responsibility of local residents and cottagers. Property owners wishing to apply chemicals to the weeds near shorelines must apply for permits which are authorized by Environment Ontario's Pesticide Control Section and residents will assume the cost of the pesticides.

The harvesting program was initiated by the Ontario Ministries of Natural Resources and Environment in 1973 to assess both the ecological and practical implications of large scale vegetation removal as a method to relieve problems caused by excessive plant growths in recreational lakes.

Ratepayer groups or cottage associations who require access channels to shoreline areas or wish to ob-

tain further information contact Environment Ontario's field office at (705) 799-6861 or the Ministry of the Environment's district office in Peterborough at (705) 743-2972. Toronto residents can call (416) 248-3058 for further information.



Lifestyle is keeping in shape or resolving to get into shape by regular physical activity.

NATURAL HISTORY NOTEBOOK

PRESENTED BY: THE NATIONAL MUSEUM OF NATURAL SCIENCES, OTTAWA

National Museums Canada

STRIPED SKUNK

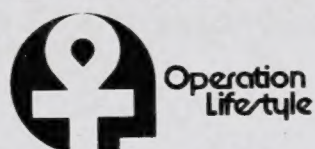
MEPHITIS MEPHITIS

(37)

Skunks are well known to most Canadians, usually by reputation rather than first-hand experience. The animal's best known feature is, of course, its ability to discharge twin streams of musky fluid from the anal orifice, which it does with uncanny accuracy when it feels itself threatened. The great confidence it feels in its defensive equipment is partially responsible, no doubt, for its somewhat placid and sluggish nature.



Skunks are primarily nocturnal and have few natural enemies, the chief being the great horned owl. Other carnivores avoid them unless desperate for food. There is a popular notion that skunks cannot eject their musk if they are lifted off the ground by the tail. This is not true.



Lifestyle is knowing how to avoid accidents at work, at home, at school or in sports. It's obeying safety rules.

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Best nest point-less



It could be said this barn swallow and her mate really 'got the point' when they constructed this high-sided nest recently at the home of Mountain Lake veterinarian

Len Burch. Seems the eager parents picked this outdoor light fixture perched (sic!) on top of its standard beneath the eave of the Burch

home and, ignoring its protruding, spike-like top, simply constructed the equivalent of a two-storey nest that placed its floor well above

the fixture's point. Seen peering over the top of the nest, above, while Mom catches her breath are some of her fast-growing brood.

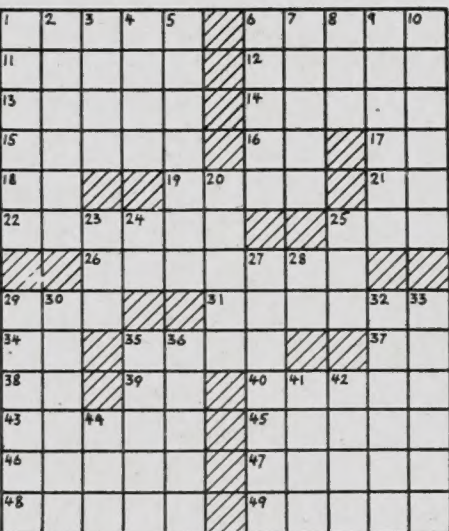
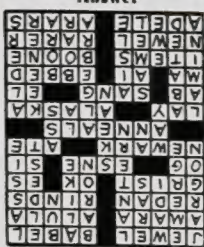
One out of every 10 people in the world has English as his native tongue.

CROSSWORD

Answer

- ACROSS**
- 1. Gem
 - 6. Biblical tower
 - 11. Beetle
 - 12. Bird's wing (zool.)
 - 13. Part of field-work
 - 14. Skins
 - 15. Grain to be ground
 - 16. Sign as correct
 - 17. East by south (abbr.)
 - 18. King of Bashan
 - 19. Serf
 - 21. Yes (Sp.)
 - 22. City (N. J.)
 - 25. Consumed
 - 26. Heats, as glass
 - 29. Place
 - 31. Largest state
 - 34. Jewish month
 - 35. Warbled
 - 37. Overhead train
 - 38. Masurium (abbr.)
 - 39. Sloth
 - 40. Subsidized
 - 43. Articles
 - 45. TV's Paladin
 - 46. Stairway post
 - 47. More infrequent
 - 48. Girl's name

- DOWN**
- 49. Sandarac trees
 - 1. Cant
 - 2. Come into view
 - 3. A valley (N. Afr.)
 - 4. Epochs
 - 5. Portable light
 - 6. A peer
 - 7. Similar
 - 8. Kind of roll
 - 9. Oldest
 - 10. TV dog
 - 20. Scotch dirk
 - 23. Route
 - 24. Inde-finite article
 - 25. Donkey
 - 27. Branch of mathematics
 - 28. Music note
 - 29. Thin plate
 - 30. Subsidized
 - 32. Sharper
 - 33. Birchlike trees
 - 35. Of a brick not fully burnt



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NOTICE

CORPORATION OF THE TOWNSHIP OF LUTTERWORTH

FOR THE CONVENIENCE OF MUNICIPAL RATE-PAYERS, THE REGULAR COUNCIL MEETINGS FOR THE MONTHS OF JULY AND AUGUST WILL BE HELD AT THE MUNICIPAL OFFICES ON THE FOLLOWING DATES:--

SATURDAY, JULY 16TH, 1977 9:00 a.m.
SATURDAY, AUGUST 20TH, 1977 9:00 a.m.

FURTHER, A PUBLIC MEETING WILL BE HELD ON SATURDAY, AUGUST 27TH, 1977, COMMENCING AT 9:00 a.m. AT THE WAGONWHEEL MOTEL, TO DISCUSS PROGRESS MADE TO DATE ON THE CLOSURE OF SHORELINE ALLOWANCES. ALL RATE PAYERS ARE CORIDIALY INVITED TO ATTEND.

PAT CONAGHAN,
REEVE.

FOREST FIRE QUIZ #1

How much do you really know about forest fires?

Statistics show that we don't know as much as we think we do, because every year people continue to be a major cause of forest fires throughout Ontario. Test your knowledge of the causes, cures

and costs of forest fires. Read the questions below and tick the answer you think is correct. When you're finished, check your answers against the right ones and see how much you really know.

- Every year forest fires cost Ontario taxpayers approximately:
(a) One million dollars (b) Twenty million dollars (c) Six million dollars
- A restricted Fire Zone means:
(a) Smoking is prohibited in the area
(b) No one is allowed in the area because of the fire danger
(c) Campfires are temporarily banned
- Smoking while you walk in the woods is:
(a) Unhealthy (b) Dangerous (c) Illegal (d) All of the above
- In Ontario, in an average year, how many forest fires are caused by children playing with matches?
(a) 50 (b) 20 (c) 140
- It is hazardous to pile stones around your campfire because:
(a) The hot rocks will start a fire
(b) The stones could hide a live ember that could continue to burn even after you think you've extinguished the fire
(c) The rocks around the campfire will force sparks up into the tree tops
(d) All of the above
- Failure to comply with any section of The Forest Fires Prevention Act of Ontario can result in:
(a) A \$1000 fine
(b) Three months in jail
(c) Liability for fire fighting costs
(d) All of the above

ANSWERS

(p) 9 (a) 5 (c) 7 (p) 6 (c) 2 (a) 1

Ratings: Six correct — you sure know your stuff
Four correct — above average
Less than four — you can pick up a copy of The Forest Fires Prevention Act from your nearest Ministry Office.

Elaboration on any of the answers given here is available from any office of the Ministry of Natural Resources.

This is the first in a series of four quizzes developed to increase public awareness of the forest fire problem in Ontario. Look for the others in recent editions of this paper, or get all four together in one folder from your nearest Ministry Office.

This year, let's not set the woods on fire.



Ministry of
Natural
Resources

Hon. Frank S. Miller
Minister
Dr. J. K. Reynolds
Deputy Minister

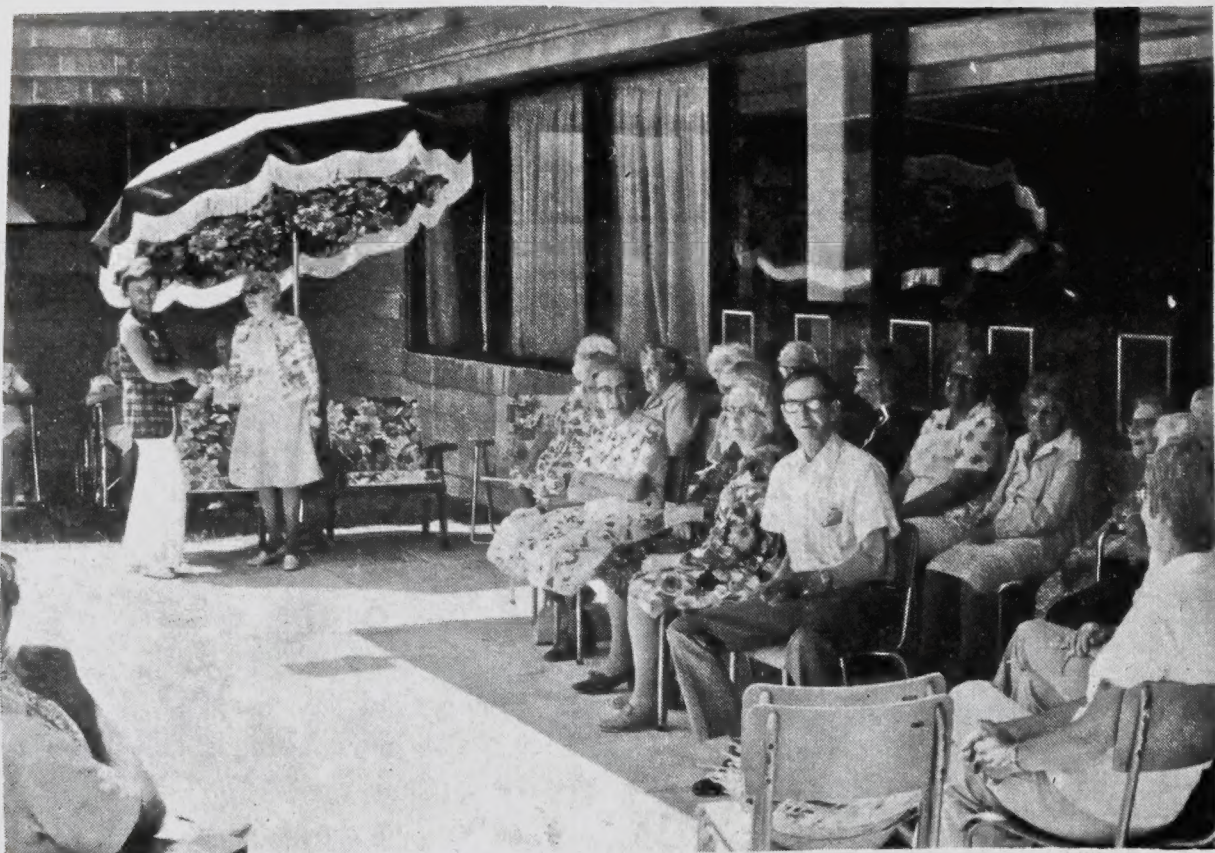
Used car dealership



Minden, Ron, who is a member of Lutterworth Council, is taking Sundays off but he is open from 9 a.m. until 7 p.m. Monday through Saturday.

The Senior League

Tete Tete



On Monday at Hyland Crest Senior Citizens Home, President Diane Booth (above left) of the Minden Kinettes presented the residents with this beautiful TETE TETE for the patio at the rear of the Home. Accepting the gift on behalf of the residents is Mrs. Viola Deumo (right) of the Hyland Crest Auxilliary.....

On Wednesday of last week the residents boarded the Paraplegic Bus and headed for Peterborough for some shopping and then a CRUISE through the locks on the Trent Canal System.....

On Monday, July 12th, the residents travelled to Cobconk to visit the NEW HORIZON'S SENIOR CITIZENS

CLUB. The two groups will take a look at the New Horizon's CRAFT DISPLAY and they sit down to an afternoon Tea party and some good old fashioned socializing.....

Last week at the Home, the residents were thoroughly entertained by six young songsters and musicians from the SALVATION ARMY TRAINING SCHOOL. The small concert was under the direction of CAPTAIN BURRY of Haliburton. Four of the members formed a BRASS QUARTET while the other two played guitars. All joined in in some good old time favorite hymns, done in a brand new way to the delight of the full-house resident crowd.....

Incentive awards

From P S2

Shirley Chaplin, Central Ont.	75
Lil Boettger, Conestoga	75
Frank Kramer, S. S. Marie	65
Ed Ramsey, London	60
Fay Bathie, Toronto	50
Betty McWhiter, York Simcoe	45
Marie Ladouceur, Niagara	40
Don Silverthorne, Georgian Bay	15
Al Smith, Gateway	10
Ron Stanley, Blue Water	10

Lottery

BILL PERCY, Windsor	108
Bill Bird, Nickel District	96
Steve Wiggins, Huronia	84
Doreen Kyte, York Simcoe	61
Rheal Champage, Central Ont.	55
Lorraine Peebles, Ont. Durham	51
Jane Groshok, Mid Elgin	45
Corky Rumsam, Toronto	44
Evelyn Emeny, London	43
Ella Pechaluk, York West	40
Shirley Wilson, 1000 Lakes	38
Betty Clarke, Niagara	37
Bob Lavallee, Gateway	36
Bob Green, Tri County	35
Jan Steffler, Conestoga	34
Ron Upson, Hamilton	33
Terry Graham, Blue Water	26
Mel McCauley, Scarborough	22
Ruth Burgoyne, St. Clair	20
Wally Napp, Bay of Quinte	18
Irene Brydges, Guelph	11
No Chairman, Blue Water	-
No Chairman, Ottawa	-

Membership

DIANNA BARTHOLOMEW, Mid Elgin	110
Betty Hill, York Simcoe	105
Doris Cool, York West	105
Stu Robertson, Windsor	95
Evelyn Wood, Hamilton	95
Lorraine Murphy, Ont. Durham	95
June Scholes, Niagara	95
Bea Hunt, Bay of Quinte	80
Bill Phillips, 1000 Lakes	75
Jim Lacey, Conestoga	65
Thelma Masters, Huronia	65
Patte Bundy, Scarborough	55
Cathy Bellhouse, Tri County	45
Pat Jepson, Central Ontario	40
Lorraine Bartley, Georgian Bay	40
Edie Johnston, Toronto	40
Ruth Burgoyne, Stt. Clair	40
Del Mitchellmore, Blue Water	35
Bob Lavallee, Gateway	20
Herb Emeny, London	15
Vera Pritchard, S. S. Marie	10
Vianney Beauchamp, Ottawa	5
John Wilson, Guelph	-

Pubicity

JOAN DEYELL, 1000 Lakes	166
Audrey Naylor, Windsor	162
John Foster, York West	162
Bob Coulter, Hamilton	122
Bette Morrison, Tri County	113
Jimmy Taylor, Conestoga	107
Ron Armstrong, Huronia	107
Ed Holland, Central Ont.	94
Ron Dann, London	52
Lorraine Young, St. Clair	51
Gloria Magee, Mid Elgin	48
Bruce Lounsbury, Niagara	48
Ted Bundy, Scarborough	20
Ian Cameron, York Simcoe	20
Wally Knapp, Bay of Quinte	12
Rae Blaie, Blue Water	10
Shirley Proctor, Georgian Bay	10
Bob Lavallee, Gateway	10
Debra Sargent, Ont. Durham	10
Tom Storr, Guelph	-

Certification

BOB GRIMES, Mid Elgin	115
Dick Soulliere, Windsor	110
Jack Walsh, Toronto	110
Danny Devost, Nickel District	110
Wim Schoep, Ontario Durham	110
Ed Ramsey, London	110
Roy Whitehouse, Hamilton	105
Bob Olochowik, Central Ont.	105
Gary Dickie, Blue Water	105
Gene Ohler, Conestoga	100
Wally Knapp, Bay of Quinte	95
Dick Soulliere, S. Clair	95
Ernie Wolfreys, York Simcoe	90
Vianney Beauchamp, Ottawa	70
Bob Lavallee, Gateway	55
Dave Clayton, Huronia	55
Joe Messina, Scarborough	55
Doug Beauchamp, 1000 Lakes	55
Great Pine Ridge-Doug Beauchamp	50
Paul Stemmler, Tri County	50
Jack Walsh, York West	40

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clogged filters cut down air circulation requiring the furnace to run longer to bring the house to the desired temperature.

Have you examined outdoor extension cords for fraying and breaking of insulation? Not only are frayed cords dangerous, but contact with snow or wet grass could result in power leaking away to the ground.

Do you have an automatic washer or dryer? If so, try putting the clothes through a second spin dry in the washer. Doing this cuts the time in the dryer substantially.

Cutting back the thermostat on your heating system at night to 68 degrees from 70 degrees not only is agreeably noticable on your fuel bills; the cost of cold remedies will probably decrease

Do you play games with the thermostat by moving it up to 80 degrees one minute because you're cold and down to 70 degrees the next minute because you're hot? If you do, it is a relatively expense game in terms of fuel dollars. To get the most for your money, set the thermostat at the day time temperature you are comfortable with and only cut it back when you retire for the night.

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